



## **Sample Menu**

### **Breakfast**

Choice of Cereal  
Fruit or Yoghurt  
Eggs, Bacon & Toast  
Fresh Orange / Apple Juice  
Tea / Coffee

### **Lunch**

Smoked Haddock  
Or  
Chicken in White Wine Sauce  
Seasonal Veg  
Plum Crumble  
Fresh Fruit  
Tea / Coffee

### **Afternoon Tea**

Home Made Quiche  
Salad & Crusty Bread  
Selection of Sandwiches  
Homemade Cakes

### **Supper**

Crumpets  
Soup of the Day  
Fresh Fruit with Yoghurt  
Variety of Milky Drinks